

NETHRAM 2024

DEEP DIVE INTO COMPREHENSIVE OPHTHALMOLOGY



**THE ANNUAL CME
OF
OPHTHALMIC SOCIETY OF PATHANAMTHITTA**
in association with
**EYE MICROSURGERY AND LASER CENTRE
(Amita Eye Care)**

**AUGUST
4TH
SUNDAY**

Time :
8.30 am - 4.00 pm

Venue
**HOTEL KGA ELITE CONTINENTAL
THIRUVALLA**

- 
- # SCIENTIFIC PROGRAMME**
 - # VIRTUAL REALITY PHACO LEARNING**
 - # NETHRAM FILM FESTIVAL**
 - # INTERESTING CASE PRESENTATION**

Applied for TCMC Credit Hours

NETHRAM 2024

DEEP DIVE INTO COMPREHENSIVE OPHTHALMOLOGY

Explore a wealth of expert insights across diverse ophthalmic subspecialties and refine your skills with our virtual reality phacoemulsification hands-on sessions. Be sure to experience the enthralling NETHRAM Film Festival and engage in the challenging postgraduate case presentations. Circle August 4th, 2024 on your calendar and join us for an enlightening journey into the depths of Comprehensive Ophthalmology. Don't miss this opportunity to enhance your expertise and connect with peers in an enriching setting."

Warm regards,
The Organising Team

Office bearer of Ophthalmic society of Pathanamthitta

Dr. Rachel Jose

President

Dr. Leena Mariyam Varghese

Secretary

Dr. Sumi Lukose

Treasurer

Dr. Rani Nair

Chairperson

Dr. Priyanka Thilak

Organising Secretary

9961278033

priyanka_thilak@yahoo.com

PATRONS

Dr. Amita Verghese

Dr. Verghese Joseph

SCIENTIFIC PROGRAM

Session 1: 8.30 am. to 10.30 am.

Chairpersons

Dr Bastin V A

Dr Sabitha S

Moderator

Dr Asha Susan Kuruvilla

(08.30am-09.15am)

1. Navigating Cataract Conundrum

SICS – Optimizing Outcomes & Current Indications - Dr Minu Mathen (10 min)

PCR management - Dr. Arup Chakrabarti (10 min)

Toric IOL-Our Experience - Dr Verghese Joseph (10 min)

Discussion - (15 min)

Chairpersons

Dr Rachel Jose

Dr Chaithanya R Warriar

Moderator

Dr Rakhi Deruz

(09.15am-10.00am)

2. EYE OPENING INSIGHTS & INNOVATIONS IN OPHTHALMOLOGY

Pearls in squint management - Dr Satish Thomas (10 min)

Headache - Dr M.V Francis (15 min)

Smartphone use in ophthalmology - Dr Prithvi Chandrakanth (10 min)

Discussion- - (10 min)

Welcome speech

- Dr Rani Nair

Keynote Address

- Dr Thomas Cherian (10 min)

Diabetic Retinopathy – An Epidemic - Indian Scenario

Honouring of senior Ophthalmologist Dr M I John

Vote of thanks

- Dr Priyanka Thilak

Inauguration
NETHRAM 2024
(10.00-11.00)

TEA BREAK

Session 2: 11.00 am. to 01.30 pm.

Chairpersons

Dr Meena Chakrabarti

Dr Manjit P S

Moderator

Dr Rohan Ninan

(11.00am-11.45am)

3. REVELATION IN RETINAL DISEASES

Approach to Central Serous Chorioretinopathy - Dr George Manayath (10 min)

Current approach to Venous Occlusions - Dr Shane Mathew (10 min)

Newer Anti-VEGF in AMD - Dr Gopal S Pillai (10 min)

Discussion - (15 min)

Chairpersons

Dr Chithra Raghavan

Dr Kala B Thottam

Moderator

Dr Sumi Lukose

(11.45am-12.15pm)

4. TRAVERSING THE OCULAR SURFACE

Recent Trends in the diagnosis & management of

Dry Eye Disease - Dr Anil Radhakrishnan (10 min)

Patient Selection for Refractive Surgery - Dr Swapna Nair (10 min)

Discussion - (10 min)

SCIENTIFIC PROGRAM

Chairpersons

Dr Jisha K

Dr Leena Mariyam Varghese

Moderator

Dr Shebin Salim

(12.15pm-12.45pm)

5. ODYSSEYS OF THE ORBIT

Approach to a case of Orbital swelling - Dr Fairooz P Manjandavida (10 min)

Updates in Thyroid Eye Disease - Dr Marian Pauly (10 min)

Discussion - (15 min)

Chairpersons

Dr Jacob Koshy

Dr Kashinath Shenoy

Moderator

Dr Rinu George

(12.45pm-01.30pm)

6. SIGHT UNDER PRESSURE

Visual Field Strategies in the diagnosis & follow-up of

Glaucoma - Dr Meena Nair (10 min)

Decoding Unilateral Glaucoma - Dr Leema R Thomas (10 min)

Optimizing Management in Primary

Open Angle Glaucoma - Dr Kiran Gopalakrishnan (10 min)

Discussion- - (15 min)

LUNCH BREAK - 01.30pm-02.30pm

NETHRAM FILM FESTIVAL

(02.30pm - 03.15pm)

Videos from all sub-specialities.

For Fellows & Consultants

Video duration - 4 minutes

JUDGES

Dr Shane Mathew

Dr Shaji Ankan

Dr Bastin V A

Dr. Shishir Verghese

Registration starting from – MAY 1st 2024 TO 15 JULY 2024

COMPETITIVE SESSION

(3.15pm - 4.00pm)

case presentation .

1 PG from each institute will be selected

Case duration 5 minutes

JUDGES

Dr Kashinath Shenoy

Dr. Satish Thomas

Dr Jisha K

Dr Manjit P S

Registration starting from – MAY 1st 2024 TO 15 JULY 2024

ALCON FEIDELIS VIRTUAL OPHTHALMIC SIMULATOR

(09.00am - 04.00pm)

Enjoy the mesmerizing experience with the ALCON FEIDELIS VR SIMULATOR for phacoemulsification.

For Post Graduates & budding phaco surgeons

Slots-12

30 minutes each

Registration starting from – MAY 1st 2024 TO 15 JULY 2024

FOR REGISTRATION DETAILS

VIRTUAL REALITY PHACO LEARNING

Dr. GOPISREE G NAIR

PH :9497817294

gopisreegopinath@gmail.com

NETHRAM FILM FESTIVAL

Dr. AADITYA GANESH JOSHI

PH :9867500711

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PG CASE PRESENTATION

Dr. ANN TRESA ANTONY

PH :9846733980

anntresaantony@gmail.com

CONTACT INFORMATION

Dr. PRIYANKA THLAK

Organising Secretary

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priyanka_thilak@yahoo.com

**Click Here
For
Registration**

REGISTRATION FEES

Delegates: Rs. 800/-

Postgraduates : FREE

(Letter from Hod / Copy of ID card required)

UPI

OPHTHALMIC SOCIETY OF PATHANAM



FOR PAYMENT SCAN ME

BANK DETAILS

Ophthalmic society of Pathanamthitta

A/c No: 0079073000001058

IFSC :SIBL0000079

South Indian Bank, Thiruvalla branch

Venue



Conducted by



**Eye Microsurgery & Laser Centre
(Amita eye care)**

International Tourist Complex

Pushpagiri road, Thiruvalla - 689101

Phone : 0469 2605727, 9847873395

e-mail : emlctvla@gmail.com, info@amitaeyecare.com